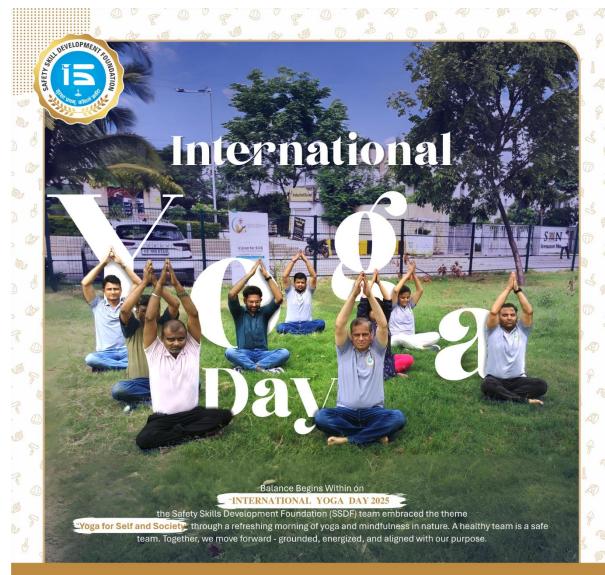








SSDF Team Observes International Yoga Day 2025



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On June 21, 2025, the Safety Skills Development Foundation (SSDF) observed International Yoga Day with an in-house team celebration focused on promoting wellness and mindfulness at the workplace.

The SSDF team engaged in a guided session featuring yoga poses, stretches, and breathing exercises — reinforcing the connection between **mental clarity, physical health, and workplace safety**.

Celebrated under the global theme "Yoga for Self and Society", the initiative highlighted SSDF's belief that nurturing our own well-being is essential to nurturing a safe, productive, and positive work environment.

This internal celebration reflected SSDF's commitment to integrating holistic wellness into its organisational culture and daily practices.



















