



## Assessment Guide

LIFTING & RIGGING SUPERVISOR (SAFETY)

NSQF Level – 4.5

*Sector: Cross Sectoral*

*Occupation: Lifting & Rigging Engineering & Management*

*Qualification Pack Code: SSD/VSQ/Q0303*

*Version: 1.0*



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## Qualification Structure

To achieve full certification as Lifting and Rigging Supervisor (Safety), trainees must complete all 9 units (NOS) and pass assessments. The assessments will comprise of theory & practical tests.

Sl. no	Unit No. (NOS)	Title	Assessment method
001	SSD/VSQ/N0319	Introduction to Lifting & Rigging and Safety Protocols	<p>The assessment will be conducted to evaluate the competencies required by the trainee in terms of skills, knowledge, and understanding related to basic lifting and rigging activities. It will cover fundamental occupational health and safety practices applicable to routine lifting operations, identification of common hazards, and awareness of risks associated with general lifting procedures.</p> <p>The assessment will be based on theory, viva-voce, and practical evaluation.</p>
002	SSD/VSQ/N0320	Safety, Legal and Regulatory Compliance for Lifting & Rigging Operations	<p>The assessment will be conducted to evaluate the competencies required by the trainee in terms of skills, knowledge, and understanding related to safety, legal, and regulatory compliance in lifting and rigging operations. It will cover applicable occupational health and safety standards, relevant legal and statutory requirements, and compliance with industry regulations governing lifting activities. It will also include identification of hazards, understanding of risk control measures, and adherence to safe work practices and regulatory guidelines.</p> <p>The assessment will be based on theory, viva-voce, and practical evaluation.</p>



003	SSD/VSQ/N0321	Load Planning, Stability Control & Process requirements	<p>The assessment will be conducted to evaluate the competencies required by the trainee in terms of skills, knowledge, and understanding related to load planning, stability control, and process requirements in lifting and rigging operations. It will cover principles of load estimation, center of gravity, load distribution, and stability considerations during lifting activities. It will also include planning of lifting procedures, selection of appropriate equipment, and adherence to standard operating processes to ensure safe and efficient execution.</p> <p>The assessment will be based on theory, viva-voce, and practical evaluation.</p>
004	SSD/VSQ/N0322	Hazard Identification, Risk Assessment, Safety of Plant & Machinery in Lifting & Rigging Operations	<p>The assessment will be conducted to evaluate the competencies required by the trainee in terms of skills, knowledge, and understanding related to hazard identification, risk assessment, and the safety of plant and machinery in lifting and rigging operations. It will cover identification of potential hazards, evaluation of associated risks, and implementation of appropriate control measures. It will also include inspection and safe use of lifting equipment and machinery, ensuring compliance with safety standards and operational guidelines.</p> <p>The assessment will be based on theory, viva-voce, and practical evaluation.</p>
005	SSD/VSQ/N0323	Lifting and Rigging Operations with Safety	<p>The assessment will be conducted to evaluate the competencies required by the trainee in terms of skills, knowledge, and understanding related to lifting and rigging operations with</p>



			<p>safety. It will cover execution of lifting and rigging activities using appropriate techniques, selection and use of lifting equipment and accessories, and adherence to safe work practices. It will also include identification of hazards, application of risk control measures, and ensuring safety during lifting operations.</p> <p>The assessment will be based on theory, viva-voce, and practical evaluation.</p>
006	SSD/VSQ/N0324	Inspection, Maintenance, and Certification of Lifting Equipment's.	<p>The assessment will be conducted to evaluate the competencies required by the trainee in terms of skills, knowledge, and understanding related to inspection, maintenance, and certification of lifting equipment. It will cover procedures for inspection of lifting tools and accessories, preventive maintenance practices, identification of defects, and criteria for safe usage. It will also include understanding of certification requirements, documentation, and compliance with applicable standards and regulations.</p> <p>The assessment will be based on theory, viva-voce, and practical evaluation.</p>
007	SSD/VSQ/N0325	Plan, Organize, Communication & Emergency Protocols in Lifting & Rigging.	<p>The assessment will be conducted to evaluate the competencies required by the trainee in terms of skills, knowledge, and understanding related to planning, organizing, communication, and emergency protocols in lifting and rigging operations. It will cover effective planning and coordination of lifting activities, role clarity, communication methods and signaling systems, and adherence to standard procedures. It will also include</p>



			<p>preparedness for emergency situations, response protocols, and implementation of safety measures to manage unforeseen incidents.</p> <p>The assessment will be based on theory, viva-voce, and practical evaluation.</p>
008	SSD/VSQ/N0326	Health, Hygiene, Environmental, and Psychological Health Protocols (Lifting & Rigging)	<p>The assessment will be conducted to evaluate the competencies required by the trainee in terms of skills, knowledge, and understanding related to health, hygiene, environmental, and psychological health protocols in lifting and rigging operations. It will cover workplace hygiene practices, environmental protection measures, and awareness of physical and psychological well-being during lifting activities. It will also include identification of health hazards, implementation of control measures, and adherence to safety and wellness protocols at the worksite.</p> <p>The assessment will be based on theory, viva-voce, and practical evaluation.</p>
009	DGT/VSQ/N 0102	Employability Skills	<p>The assessment will be conducted to evaluate the competencies required by the trainee in terms of skills, knowledge, and understanding relevant to the job role under DGT/VSQ/N0102. The assessment will be based on theory, viva-voce, and practical evaluation.</p>



## Guidance for assessors

This qualification provides the performance criteria, skills and knowledge required to perform for the job role of Lifting and Rigging Supervisor (Safety) at NSQF Level 4.5. The role is referred to as ‘Lifting and Rigging Supervisor (Safety).

**Brief job description:** The Lifting Supervisor (Safety) is responsible for executing the lifting work in a safe manner on the site. The lifting Supervisor (Safety) co-ordinates and supervises all lifting activities in accordance with the Lifting Plan as well as briefing all lifting team members (i.e., crane operators, riggers, and signal operators) on the Lifting operation. The Rigging Supervisor (Safety) oversees the rigging team, with responsibility for the mechanics of all support rigging, for example scaffolding, ropes, pulleys and lifting equipment.

**Personal attributes:** The professional should be mentally and professionally fit to take responsibility for compliances of health and safety standards, rules and meet the health and safety standards at workplace with his/her integrity, objectivity, independency, knowledge of law, expression, and code of ethics.

### Introduction to assessments:

The assessment will be made based on the competencies required by the trainees to perform the job role of Lifting and Rigging Supervisor (Safety). The assessment will be based on understanding, practical demonstration and on the job, training as defined in the performance criteria & practical skill defined in the qualification pack of the job role. The trainees will be required to complete a number of assignments to show their skills & understanding of the subject through theory, demonstration and practical performances.

### Grading and pass percentage

1. The assessment consists of two categories:
  - a. Practical Assessment – to assess the practical performance skills.
  - b. Theory Assessment – to assess knowledge & understanding of the domain.
2. The weightage of the assessment will be:
  - a. Practical Assessment – 50%
  - b. Theory Assessment – 50%
3. Each NOS for its Performance Criteria (PC) has been assigned marks proportional to its importance. Proportion of marks for Theory and Practical has been marked NOS wise.



4. Questions on practical & theory will be formed in such a way as to provide outcome on maximum Performance Criteria and in proportional way within the NOS.
5. The assessment for the theory part will be based on written questions (short question, multiple choice & viva, or a combination of them) created/approved by the SSDF.
6. The assessment for the practical part will be based on practical conducted for trainees. In case of remote/on-line assessments, the practical's can be carried through proctors or practical questions formulated based on pictorially represented logical questions (based on pictures of practical & logical steps) created/approved by the SSDF.
7. The passing and grading criteria of each NOS & cumulative for QP will be as follows: -
  - a. 70% or more than 70% - Grade "A"
  - b. 60% or more than 60% but less than 70% - Grade "B"
  - c. 50% or more than 50% but less than 60% - Grade "C"
  - d. Less than 50% - Grade "Fail."
  - e. Any candidate can ask for re-assessment in any of the NOSs or all the NOSs to improve his/her performance within three months from the date of publication of the results and after payment of the assessment fee. But if any candidate wants re-assessment after three months from the date of publication of results, he/she will have to appear in all the NOSs applicable for the qualification.

## 2.1 Performance/Skill Assessments

The performance/skill assessment will be conducted through demonstration/practical.

### **SSD/VSQ/N0319: Introduction to Lifting & Rigging and Safety Protocols - Performance/Skill Assessment**

The trainee should demonstrate a clear understanding of basic lifting and rigging principles, including the purpose and scope of lifting operations and the importance of safety protocols. They should be familiar with different types of lifting equipment and accessories, their uses, and safe handling practices.

They should understand fundamental occupational health and safety requirements, including the use of personal protective equipment (PPE), safe work procedures, and site safety guidelines. The trainee



should be able to identify common hazards associated with lifting activities and demonstrate awareness of basic risk control measures.

### **SSD/VSQ/N0320: Safety Standards and Regulations in Rigging - Performance/Skill Assessment**

The trainee should demonstrate a clear understanding of safety, legal, and regulatory compliance requirements in lifting and rigging operations. They should be familiar with applicable occupational health and safety standards, statutory provisions, and industry regulations governing lifting activities.

They should understand the importance of compliance with legal requirements, safe work procedures, and organizational safety policies. The trainee should be able to identify potential hazards, understand associated risks, and apply appropriate control measures in accordance with regulatory guidelines.

### **SSD/VSQ/N0321: Load Planning, Stability Control & Process requirements – Performance/Skill Assessment**

The trainee should demonstrate a clear understanding of load planning, stability control, and process requirements in lifting and rigging operations. They should be familiar with principles of load estimation, center of gravity, load distribution, and factors affecting stability during lifting activities.

They should understand the importance of proper planning and execution of lifting operations, including selection of appropriate lifting equipment and accessories based on load characteristics. The trainee should be able to interpret lifting plans, follow standard operating procedures, and ensure adherence to process requirements.

### **SSD/VSQ/N0322: Hazard Identification, Risk Assessment, Safety of Plant & Machinery in Lifting & Rigging Operations–Performance/Skill Assessment**

The trainee should demonstrate a clear understanding of hazard identification, risk assessment, and the safety of plant and machinery in lifting and rigging operations. They should be familiar with identifying potential hazards associated with lifting activities, equipment, and work environments, and understanding the risks involved.

They should understand the importance of conducting risk assessments and implementing appropriate control measures to minimize or eliminate risks. The trainee should be able to inspect lifting equipment and machinery, identify defects or unsafe conditions, and ensure their safe use in accordance with safety standards and guidelines.



### **SSD/VSQ/N0323: Lifting and Rigging Operations with Safety –Performance/Skill Assessment**

The trainee should demonstrate a clear understanding of lifting and rigging operations with safety, including the proper execution of lifting activities using appropriate techniques and equipment. They should be familiar with various rigging methods, types of lifting equipment and accessories, and their safe usage during operations.

They should understand load characteristics, weight estimation, and the importance of maintaining balance and stability during lifting. The trainee should be able to follow standard operating procedures, use appropriate personal protective equipment, and ensure safe handling of loads.

### **SSD/VSQ/N0324: Inspection, Maintenance, and Certification of Lifting Equipment's. – Performance/Skill Assessment**

The trainee should demonstrate a clear understanding of inspection, maintenance, and certification of lifting equipment. They should be familiar with procedures for inspection of lifting tools and accessories, identification of defects, and criteria for safe usage.

They should understand the importance of preventive maintenance practices to ensure reliability and safety of equipment during operations. The trainee should be able to follow inspection checklists, recognize signs of wear and damage, and take appropriate actions in case of unsafe conditions.

### **SSD/VSQ/N0325: Plan, Organize, Communication & Emergency Protocols in Lifting & Rigging– Performance/Skill Assessment**

The trainee should demonstrate a clear understanding of planning, organizing, communication, and emergency protocols in lifting and rigging operations. They should be familiar with the planning and coordination of lifting activities, including allocation of roles and responsibilities and sequencing of tasks.

They should understand effective communication methods, including standard signaling systems and coordination among team members such as riggers, signalers, and operators. The trainee should be able to follow established procedures and ensure clarity in communication during lifting operations.

### **SSD/VSQ/N0326: Health, Hygiene, Environmental, and Psychological Health Protocols (Lifting & Rigging). –Performance/Skill Assessment**

The trainee should demonstrate a clear understanding of health, hygiene, environmental, and psychological health protocols in lifting and rigging operations. They should be familiar with workplace hygiene practices, environmental protection measures, and the importance of maintaining physical and mental well-being during work activities.

They should understand potential health hazards associated with lifting and rigging operations, including exposure to noise, dust, and physical strain, and apply appropriate control measures. The trainee should be able



to follow safe work practices, use personal protective equipment, and ensure a clean and safe working environment.

### **DGT/VSQ/N0102: Employability Skills**

The trainee should demonstrate key employability skills such as communication, teamwork, digital literacy, and professionalism. They must be able to use internet, e-mails, financial transactions methods and Apps. They should be able to communicate and apply for the jobs online.



## **The Performance/Skill Assessments**

The assessment will be conducted in a simulated working environment. Due to this fact, the assessors must note that the naturally occurring evidence of competence is unavailable or infrequent. Simulation must be undertaken in a Realistic Working Environment which provides an environment that replicates the key characteristics of the workplace in which the skill to be assessed is normally employed.

Scheduling the practical observations is flexible but to retain integrity of the assessment, they should be conducted as closely as possible to the written assessments.

Trainees are not permitted to use the observation checklist to work when completing the practical tasks but may familiarize themselves with it prior to an assessment.

It will be beneficial to take trainees through what is required in the practical assessments and the way in which each part will be graded. Trainees should have an opportunity to familiarize themselves with the way the tasks are graded.

Trainees may refer to their faculty for guidance on parts of the practical assignments only, though they should be aware that, especially for the practical assessments, the amount of guidance and support they are given may be reflected in the feedback and performance.

## **Knowledge Assessment**

Synoptic test is an MCQ (Multiple Choice Question) test to assess the underpinning knowledge. The synoptic MCQ tests are externally set and externally marked.

This test is to be taken by the trainee after completion of all the units under controlled and invigilated conditions as closed-book test under the supervision of an assessor. Trainees can only achieve whole marks; half marks for partially answered questions are not permitted. Selection of two or more options will be marked as wrong.

The answers should be marked by pen only. The test may be conducted by the assessor in the oral mode, if required, considering the lack of reading and comprehending acumen (skills) of trainees. In such cases, the assessor will mention it on top of the MCQ submitted.



## Grading criteria for The Performance/Skill Assessment

NOS No.	Title	Performance & Knowledge Assessment	Assessment Marks	Min. Passing marks	Assessment Result (Total)
SSD/VSQ/N0319	Introduction to Lifting & Rigging and Safety Protocols	40	100	50% of individual NOS and 50% overall as per NOS weightage	50% of total NOS weightage $\geq$ Pass 50% of total NOS weightage $<$ Fail
SSD/VSQ/N0320	Safety, Legal and Regulatory Compliance for Lifting & Rigging Operations	65	100		
SSD/VSQ/N0321	Load Planning, Stability Control & Process requirements	60	100		
SSD/VSQ/N0322	Hazard Identification, Risk Assessment, Safety of Plant & Machinery in Lifting & Rigging Operations	35	100		
SSD/VSQ/N0323	Lifting and Rigging Operations with Safety	30	100		
SSD/VSQ/N0324	Inspection, Maintenance, and Certification of Lifting Equipment's.	15	100		
SSD/VSQ/N0325	Plan, Organize, Communication & Emergency Protocols in Lifting & Rigging.	40	100		
SSD/VSQ/N0326	Health, Hygiene, Environmental, and Psychological Health Protocols (Lifting & Rigging)	25	100		



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DGT/VSQ/N0102	Employability Skills	50	50		
<b>Total</b>		<b>360 Min</b>	<b>850 Marks</b>		



## **2.2 Viva Assessment**

Trainees may be required to take the viva test for their theory or their practical observation test which is an extended part of the practical observation and assessment. The viva assessments are externally set and externally marked.

## **2.3 Question papers for synoptic test**

The question paper of the synoptic test is a confidential document. It will be held under the custody of SSDF/Assessment Agencies. The assessment agencies can be permitted to prepare the question papers and get them approved from SSDF. The centers need to follow the indenting process to obtain the question paper to administer the test.

## **2.4 Authenticity**

Centers are reminded to check for authenticity of work where trainees may be using texts and the internet to complete tasks.

## **2.5 Feedback**

Assessors must provide feedback on every occasion when a skills observation takes place. A proforma for feedback is included in this assessment guide.

## **2.6 Trainee records of coursework**

Trainees should be encouraged to keep their work carefully in a portfolio or scrapbook. This may be an unfamiliar form of record keeping for some, but it is a good discipline which will benefit them when they progress in their learning and training.

## **2.7 Assessment sheets**

The assessment records will be maintained as per the assessment sheet given in this document.

## **2.8 Codes of practice**

Safe working practices, health and safety and codes of practice associated with the industry must always be adhered to.



## 2.9 Health and safety

The requirement to follow safe working practices is an integral part of all assessments and it is the responsibility of centers to ensure that all relevant health and safety requirements are in place before trainees start practical assessments.

Should a trainee fail to follow health and safety practice and procedures during an assessment, the assessment must be stopped and the trainee be advised of the reasons. In case of doubts, guidance should be sought from the SSDF.

## 2.10 Verification of assignments

By using marking checklists, verifiers can check that evidence for an assignment is complete and can ensure that allocation of marks has been fair and beyond dispute.

## 2.11 Internal quality assurance

Approved centers must have effective quality assurance systems to ensure optimum delivery and assessment of qualifications.

Quality assurance includes initial center approval, qualification approval and the Centre's own internal procedures for monitoring quality. Centers are responsible for internal quality assurance and SSDF and Assessment Agency are jointly responsible for external quality assurance.

Full details and guidance on the internal and external quality assurance requirements and procedures are provided by SSDF from time to time.

The Assessment Agencies are required to retain copies of trainees' assessment records and photographic evidence (in presence of trainee performing task) for three years after assessment. They can be asked by SSDF to provide these evidences as proof of assessment.

## 2.12 Evidence Collection by the Assessor

- The assessor needs to collect a copy of the attendance for the training done. The attendance sheet needs to be signed by the Training Centre Head.
- The Centre head also needs to declare that all the students appearing in the assessments have a minimum attendance of 70% for the training.
- The assessor needs to verify the authenticity of the candidate by checking the photo ID card issued by the institute as well as any one Photo ID card issued by the Central/ State Government.



- The same needs to be mentioned in the attendance sheet. Wherever required, the assessor can authenticate and cross verify trainee's credentials in the enrollment form.
- The assessor needs to punch the trainee's roll number on all the final job pieces of learners. Different sections can have alpha numbering such as if a student's roll number is 123 then the three pieces submitted by that student can be numbered as 123a, 123b and 123c.
- The assessor needs to take a group photograph of all the students along with the assessor standing in the middle and with the Centre name/banner at the back, as evidence.
- The assessor needs to carry a camera to click photographs of the trainees working on the job and give theory exam as evidence with geo tagged, timestamp.
- The assessor also needs to carry a photo ID card.
- In the Assessment Evidence Form (provided after the practical marks sheet), the assessor should place the final photographic evidence in the space provided as evidence, from appropriate angles/sides of the final job piece submitted.

## **Trainee Guidance**

### **Information for trainees**

The assessment requires a trainee to perform a combination of tasks as given below:

The trainee will be required to demonstrate the occupational skills, knowledge, understanding and competencies mentioned in the Qualification Pack.

### **Before the final assessments**

The training partner (TP) will ensure that the trainees are ready for the assessment. The date and time of assessment would be intimated by the SSDF.

The trainee is required to reach the assessment venue at the scheduled date and time. TP is required to circulate/download the information regarding the assessment to the trainee. Failure to reach the assessment venue for the theory or the practical test as per the schedule would be considered absent. In exceptional cases, an assessor can give a maximum of half an hour of concession time for late coming.



The trainee is required to carry their Institutes photo ID card as well as a government issued photo ID card for verification on all days of assessments.

Any misbehavior/unethical practice by a trainee would lead to disqualification of the trainee.

The first assessment will have the theory test followed by practical and may be viva in smaller batches.  
(20- 30 trainees)

## Assessments

Assessments for the job role of Lifting and Rigging Supervisor (Safety) are conducted to gauge and assess the trainees' competencies and professional expertise as well as their skill and knowledge in the specified job role for Lifting and Rigging Supervisor (Safety).

During the practical task, trainees will be assessed on their workmanship, quality of finished products, time management, etc., based on the performance criteria (PC), knowledge and understanding and their professional and soft skills as specified in the qualification pack. They will be graded for all their assessments based on the approved assessment strategy of the Qualification Pack. The performance criteria checklist as a guide for all qualifications is given in Practical Observation Checklist. Assessment tools and sample set of practical, theory & viva questions for each NOS, assessment evidence, overall summary, and NOS wise summary are also listed.



## Lifting and Rigging Supervisor (Safety)

1. Learner Name: \_\_\_\_\_ 2. Enrolment No: \_\_\_\_\_ 3. Centre: \_\_\_\_\_

### Guidance to assessors:

- The assessor must exhibit the observation checklist to the learners before the commencement of the practical and explain to them how the learners will be observed and graded during the practical assessment. However, the learners are not allowed to use the practical observation checklist during the assessment or task.
- The assessor must ensure that all the tools listed in the "List of Tools" are made available by the center to every learner being assessed.

NOS/Module Name	Assessment Criteria for Performance Criteria/Learning Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
SSD/VSQ/N0319: Introduction to Lifting & Rigging and Safety Protocols	PC1: Recognize potential hazards related to lifting and rigging operations at worksites.	5	5	-	-
	PC2: Assess safety risks related to lifting and rigging operations and report to management	5	5	-	-
	PC3: Identify environmental factors that may increase risks (e.g., high winds or uneven surfaces).	4	4	-	-
	PC4: Demonstrate knowledge of relevant lifting plans and safety procedures.	4	4	-	-
	PC5: Ensure briefing on safety protocols before starting operations.	4	4	-	-
	PC6: Monitor team compliance with safety regulations throughout the operation	4	4	-	-
	PC-7 Select and use appropriate PPE as required for specific lifting operations	4	4	-	-



	PC8: Ensure all team members are wearing PPE correctly before the operation begins.	4	4	-	-
	PC9: Maintain PPE equipment in good working condition and replace as necessary.	4	4	-	-
	PC10: Identify and follow applicable national and international safety laws (e.g., ISO 45001, OSHA).	4	4	-	-
	PC11: Comply with organizational health and safety policies	4	4	-	-
	PC12: Document and report non-compliance incidents to supervisors for corrective action.	4	4	-	-
	<b>NOS Total Marks</b>	<b>50</b>	<b>50</b>	-	-
<b>SSD/N0320 v 1.0: Safety, Legal and Regulatory Compliance for Lifting &amp; Rigging Operations</b>	PC1: Identify applicable relevant national and international regulations for lifting operations (e.g., OSHA, LOLER, ISO 45001).	4	4	-	-
	PC2: Ensure lifting operations align with applicable legal standards.	4	4	-	-
	PC3: Monitor team compliance with statutory requirements throughout the operation	4	4	-	-
	PC4: Ensure that operational procedures comply with company policies	4	4	-	-
	PC5: Conduct regular audits to identify non-compliance issues.	4	4	-	-
	PC6: Update policies and procedures to align with regulatory changes.	4	4	-	-
	PC7: Document any incidents or	4	4	-	-



	violations of legal standards.				
	PC8: Report non-compliance to relevant authorities and management.	4	4	-	-
	PC9: Implement corrective actions to prevent future violations	4	4	-	-
	PC10: Maintain records of inspections, certifications, and incident reports for audits.	4	4	-	-
	PC11: Coordinate with auditors and inspectors during regulatory audits.	5	5	-	-
	PC12: Address audit findings and implement corrective measures promptly.	5	5	-	-
	<b>NOS Total Marks</b>	<b>50</b>	<b>50</b>	-	-
<b>SSD/N0321 v 1.0: Load Planning, Stability Control &amp; Process requirements</b>	PC1: Assess the weight, size, and shape of the load to plan the operation effectively	2	2	-	-
	PC2: Determine the center of gravity to ensure proper load distribution	2	2	-	-
	PC 3 Select appropriate equipment based on load characteristics (e.g., slings, cranes, hooks).	3	3	-	-
	PC4: Calculate the weight of the load to ensure it is within the equipment's capacity	3	3	-	-
	PC5: Determine the correct sling angles to ensure safe lifting	2	2	-	-
	PC6: Use load charts and formulas to perform accurate calculations.	3	3	-	-
	PC7: Monitor the stability of the load during lifting to avoid accidents.	3	3	-	-
	PC8: Adjust the equipment setup if instability is observed during operations.	3	3	-	-
	PC9: Ensure that the load does not exceed the equipment's rated capacity.	3	3	-	-



	PC10: Monitor load indicators to prevent overload conditions.	3	3	-	-
	PC11: Select appropriate lifting tools and equipment based on load type and weight.	3	3	-	-
	PC12: Ensure equipment such as cranes, slings, ropes, and pulleys meet safety and operational standards.	3	3	-	-
	PC13: Verify that all equipment is certified, maintained, and ready for use	2	2		
	PC-14 Assess load characteristics (e.g., weight, size, center of gravity) to determine lifting requirements.	2	2		
	PC15: Calculate load limits and capacity of equipment to ensure safe operation.	3	3		
	PC16: Develop lifting plans based on the operational requirements and timelines.	2	2		
	PC17: Assess environmental factors like wind, surface conditions, and site layout, identify site-specific hazards (e.g., power lines, unstable ground) and address them, adjust the lifting plan to accommodate environmental changes during operations	2	2		
	PC18: Ensure compliance with national and international standards (e.g., LOLER, OSHA, ISO 45001).	2	2		
	PC19: Follow organizational policies and guidelines for safe lifting operations.	2	2		
	PC20: Document lifting plans and report deviations from standards to supervisors.	2	2		
	<b>NOS Total Marks</b>	<b>50</b>	<b>50</b>	<b>-</b>	<b>-</b>
<b>SSD/N0322 v 1.0: Hazard Identification, Risk Assessment, Safety</b>	PC1: Identify physical, environmental, and operational hazards during lifting operations	3	3	-	-
	PC2: Assess equipment-related hazards, such as wear and tear or faulty machinery	3	3	-	-



<b>of Plant &amp; Machinery in Lifting &amp; Rigging Operations</b>	PC3: Perform risk assessments to evaluate the likelihood and impact of potential hazards.	3	3	-	-
	PC4: Implement preventive measures to mitigate identified risks.	2	2	-	-
	PC5: Document incidents, near-misses, and safety violations promptly.	2	2	-	-
	PC6: Report incidents to management and relevant authorities as per company policies.	2	2	-	-
	PC7: Conduct root-cause analysis to determine the underlying reasons for incidents.	3	3	-	-
	PC8: Maintain detailed records of hazards, risk assessments, and incident reports.	2	2	-	-
	PC9: Check machinery and vehicle condition before use to ensure they meet safety requirements.	3	3	-	-
	PC10: Verify that operational components (e.g., brakes, steering, safety devices) are functional.	3	3	-	-
	PC11: Document any maintenance or repairs needed and inform relevant personnel	2	2		
	PC12: Follow standard operating procedures while using machinery and vehicles.	3	3		
	PC13: Ensure equipment is operated within the specified limits to avoid overloading or malfunctions	2	2		
	PC14: Monitor site conditions and adjust operations to ensure safety and efficiency	2	2		
	PC15: Identify potential hazards related to	2	2		



	machinery and vehicle operations (e.g., blind spots, unstable loads).				
	PC16: Implement immediate corrective actions to mitigate identified hazards.	3	3		
	PC17: Report hazards or near-miss incidents to supervisors for further action.	2	2		
	PC18: Follow national and international safety standards (e.g., OSHA, ISO) during operations.	3	3		
	PC19: Ensure compliance with traffic management protocols and safety signage on-site.	3	3		
	PC20: Coordinate with site personnel to prevent accidents and maintain smooth operations.	2	2		
	<b>NOS Total Marks</b>	<b>50</b>	<b>50</b>	-	-
<b>SSD/N0323 v 1.0: Lifting and Rigging Operations with Safety</b>	PC1: Verify that the lifting plan and operational procedures are understood and followed.	5	5	-	-
	PC2: Ensure all lifting equipment (e.g., slings, cranes, pulleys) is ready and operational.	5	5	-	-
	PC3: Confirm that the load is properly secured and balanced before the operation begins.	4	4	-	-
	PC4: Operate cranes, hoists, or other lifting devices within their specified limits.	4	4	-	-
	PC5: Monitor the load during the operation to ensure stability and prevent hazards.	4	4	-	-



	PC6: Use appropriate hand signals and communication tools to coordinate the team.	4	4	-	-
	PC7: Identify any hazards during the operation, such as load imbalance or environmental risks.	4	4	-	-
	PC8: Implement immediate corrective actions to mitigate identified hazards.	4	4	-	-
	PC9: Report any incidents or near-misses to supervisors for further action	4	4	-	-
	PC10: Monitor team compliance with safety standards and protocols	4	4	-	-
	PC11: Ensure the correct use of PPE throughout the operation.	4	4	-	-
	PC12: Conduct post-operation inspections and report any equipment issues.	4	4	-	-
	<b>NOS Total Marks</b>	<b>50</b>	<b>50</b>	-	-
<b>SSD/N0324 v 1.0:</b> <b>Inspection, Maintenance, and Certification of Lifting Equipment's.</b>	PC1: Conduct pre-use inspections of equipment, including slings, chains, hooks, and cranes.	5	5	-	-
	PC2: Identify defects, wear and tear, or other signs of equipment malfunction.	5	5	-	-
	PC3: Document inspection findings and inform relevant personnel of any issues.	3	3	-	-
	PC4: Carry out scheduled maintenance according to manufacturer's guidelines.	5	5	-	-
	PC5: Perform minor repairs and adjustments to ensure equipment safety	5	5	-	-
	PC6: Coordinate with specialized technicians for major repairs.	3	3	-	-



	PC7: Verify that all equipment is certified and complies with national and international standards (e.g., LOLER, OSHA).	4	4	-	-
	PC8: Maintain records of equipment certifications and inspection reports	4	4	-	-
	PC9: Report non-compliance issues to management for corrective action.	4	4	-	-
	PC10: Maintain detailed records of all inspections, repairs, and maintenance activities.	4	4		
	PC11: Ensure records are up-to-date and easily accessible for audits and certifications.	4	4		
	PC12: Prepare reports on equipment status and recommend actions to management.	4	4		
	<b>NOS Total Marks</b>	<b>50</b>	<b>50</b>	-	
<b>SSD/N0325 v 1.0: Plan, Organize, Communication &amp; Emergency Protocols in Lifting &amp; Rigging.</b>	PC1: Identify potential emergencies related to lifting and rigging operations (e.g., equipment failure, load instability)	4	4		
	PC2: Develop site-specific emergency response plans for various scenarios.	3	3		
	PC3: Ensure that all team members are familiar with the emergency protocols.	3	3		
	PC4: Perform regular risk assessments to identify vulnerabilities in lifting operations	4	4		
	PC5: Organize safety drills to simulate emergency scenarios and assess preparedness	3	3		
	PC6: Evaluate the outcomes of drills and update emergency plans accordingly	3	3		
	PC 7 Establish clear communication with	4	4		



	emergency services (e.g., fire brigade, medical personnel).				
	PC8: Coordinate with site personnel to manage evacuations or other emergency responses.	3	3		
	PC9: Ensure that emergency equipment (e.g., fire extinguishers, first aid kits) is accessible and functional.	3	3		
	PC10: Maintain records of emergency drills and response evaluations.	4	4		
	PC11: Document any incidents or accidents and report them to the relevant authorities	3	3		
	PC12: Conduct root-cause analysis to identify corrective actions and prevent future occurrences	3	3		
	PC13: Provide training sessions on emergency protocols and equipment handling.	4	4		
	PC14: Ensure workers understand their specific roles during an emergency.	3	3		
	PC15: Teamwork and coordination to handle emergencies efficiently.	3	3		
	<b>NOS Total Marks</b>	<b>50</b>	<b>50</b>	-	
<b>SSD/N0326 v 1.0: Health, Hygiene, Environmental, and Psychological Health Protocols (Lifting &amp; Rigging)</b>	PC1: Workers must use correct body mechanics to prevent musculoskeletal injuries (e.g., lifting with legs, not the back).	6	6		
	PC2: Ensure workstations and equipment are ergonomically designed to reduce strain, with tools like adjustable lifting devices.	5	5		
	PC 3 Ensure proper use of PPE such as gloves, masks, and protective clothing to	6	6		



	prevent exposure to harmful substances.				
	PC 4: Encourage workers to maintain personal hygiene, especially when handling hazardous materials or chemicals.	5	5		
	PC-5 Promote the use of energy-efficient lifting equipment, such as electric-powered cranes, to reduce carbon emissions.	5	5		
	PC-6 Store and handle chemicals and other hazardous materials safely, preventing spills and leaks.	6	6		
	PC 7: Conduct a Job Safety Analysis (JSA) or risk assessment before each lifting operation to identify and mitigate hazards.	6	6		
	PC 8: Ensure all workers are properly trained and certified in lifting and rigging techniques, safety procedures, and emergency response.	6	6		
	PC 9: Implement emergency response protocols, including evacuation plans and immediate access to first aid kits and spill control equipment.	5	5		
	<b>NOS Total Marks</b>	<b>50</b>	<b>50</b>		
<b>DGT/VSQ/N0102:</b>	PC1. understand the significance of employability skills in meeting the job requirements.	0.5	0.5	-	-
<b>Employability Skills</b>	PC2. identify constitutional values, civic rights, duties, personal values and ethics and environmentally sustainable practices.	0.5	0.5	-	-



	PC3. explain 21st Century Skills such as Self-Awareness, Behavior Skills, Cheerful outlook, self-motivation, problem-solving, creative thinking, time management, social and cultural awareness, emotional awareness, continuous learning mindset etc.	0.5	0.5	-	-
	PC4. speak with others using some basic English phrases or sentences	0.5	0.5	-	-
	PC5. follow good manners while communicating with others.	1	2	-	-
	PC6. work with others in a team	1	2	-	-
	PC7. communicate and behave appropriately with all genders and PwD.	0.5	1	-	-
	PC8. report any issues related to sexual harassment.	1	1	-	-
	PC9. use various financial products and services safely and securely.	1	1	-	-
	PC10. calculate income, expenses, savings etc.	0.5	1	-	-
	PC11. approach the concerned authorities for any exploitation as per legal rights and laws.	0.5	1	-	-
	PC12. operate digital devices and use their features and applications securely and safely	1	1	-	-
	PC13. use internet and social media platforms securely and safely.	1	1	-	-



PC14. identify and assess opportunities for potential business	0.5	1	-	-
PC15. identify sources for arranging money and associated financial and legal challenges.	0.5	1	-	-
PC16. identify diverse types of customers.	0.5	0.5	-	-
PC17. identify customer needs and address them appropriately.	0.5	1	-	-
PC18. follow appropriate hygiene and grooming standards.	0.5	1	-	-
PC19. create basic biodata	0.5	0.5	-	-
PC20. search for suitable jobs and apply.	1	2	-	-
PC21. identify and register apprenticeship opportunities as per requirement.	1	1	-	-
PC- 22 Use basic features of word processor, spreadsheets, and presentations	1	1		
PC- 23 Identify different types of Entrepreneurship and Enterprises and assess opportunities for potential business through research	0.5	1		
PC- 24 Develop a business plan and a work model, considering the 4Ps of Marketing Product, Price, Place and Promotion	1	1		
PC- 25 Identify sources of funding, anticipate, and mitigate any financial/ legal hurdles for the potential business opportunity	0.5	1		
PC- 26 Identify different types of customers	0	0.5		



PC- 27 Identify and respond to customer requests and needs in a professional manner	0.5	1		
PC- 28 Follow appropriate hygiene and grooming standards	0.5	0.5		
PC- 29 Create a professional Curriculum vitae (Résumé)	0.5	0.5		
PC- 30 Search for suitable jobs using reliable offline and online sources such as Employment exchange, recruitment agencies, newspapers etc. and job portals, respectively	0	1		
PC- 31 Apply to identified job openings using offline /online methods as per requirement	0.5	0.5		
PC- 32 Answer questions politely, with clarity and confidence, during recruitment and selection	0.5	0.5		
PC- 33 Identify apprenticeship opportunities and register for it as per guidelines and requirement	0	0.5		
<b>Total Marks</b>	<b>20</b>	<b>30</b>	-	-
<b>Grand Total</b>	<b>420</b>	<b>430</b>	-	-



## Tools, materials, and consumable list

### List of Tools and Equipment

Batch Size: 30

No	Tools/Equipment Name	Specifications	Quantity for specified batch size
•	Slings	Nos	3
•	Shackles	Nos	3
•	Hooks	Nos	3
•	Eyebolts	Nos	3
•	Turnbuckles	Nos	3
•	Blocks and Pulleys	Nos	3
•	Cranes and Rigging Equipment	Nos	1
•	Hoists	Nos	1
•	Lifting Beams and Spreader	Nos	1
•	Load Binders	Nos	1
•	Load Cells and Dynamometers	Nos	1
•	Personal Protective Equipment (PPE)	Nos	5
•	Inspection Tools	Nos	1
•	Fall arrest systems	Nos	1
•	Safety nets	Nos	1
•	Load Monitoring Systems	Nos	1
•	Mock Loads	Nos	1
•	Training towers	Nos	1
•	Repair Kits for Slings and Rigging Equipment	Nos	1



•	Toolboxes with Basic Tools	Nos	1
<p><b>Classroom Aids</b></p> <p>The aids required to conduct sessions in the classroom are:</p> <ol style="list-style-type: none"> <li>1. Black/White board</li> <li>2. Marker</li> <li>3. Projector</li> <li>4. Computer with relevant software</li> </ol>			

<b>Assessment Methods/Tools</b>			
<b>SSD/N0319 v 1.0: Introduction to Lifting &amp; Rigging and Safety Protocols</b>			
<b>Practical questions</b>			<b>Total Marks:50</b>
The candidate is required to demonstrate basic lifting and rigging practices by preparing and executing a simple lifting operation while following safety protocols.			
<b>B. Multiple choice questions</b>			<b>(5*10=50 marks)</b>
1.	What is the most critical factor while selecting lifting equipment?		
	<input type="checkbox"/> A. Color of equipment	<input type="checkbox"/> B. Load capacity (SWL/WLL)	
	<input type="checkbox"/> C. Brand name	<input type="checkbox"/> D. Cost	
2.	Which of the following is the safest action before lifting a load?		
	<input type="checkbox"/> A. Start immediately	<input type="checkbox"/> B. Check mobile phone	
	<input type="checkbox"/> C. Conduct pre-use inspection	<input type="checkbox"/> D. Skip PPE	
3.	A damaged sling should:		
	<input type="checkbox"/> A. Be used carefully	<input type="checkbox"/> B. Be repaired by the worker	
	<input type="checkbox"/> C. Be removed from service	<input type="checkbox"/> D. Be used for lighter loads	
4.	What is the role of a signaller in lifting operations?		
	<input type="checkbox"/> A. Lift the load manually	<input type="checkbox"/> B. Guide crane/operator using signals	
	<input type="checkbox"/> C. Inspect documents only	<input type="checkbox"/> D. Operate welding machine	
5.	Which hazard is commonly associated with lifting operations?		
	<input type="checkbox"/> A. Proper communication	<input type="checkbox"/> B. Load swing	
	<input type="checkbox"/> C. Safety helmet	<input type="checkbox"/> D. Training	



6.	Safe Working Load (SWL) should never be:			
	<input type="checkbox"/>	A. Displayed	<input type="checkbox"/>	B. Followed
	<input type="checkbox"/>	C. Exceeded	<input type="checkbox"/>	D. Checked
7.	Which PPE is mandatory during lifting operations?			
	<input type="checkbox"/>	A. Safety helmet and gloves	<input type="checkbox"/>	B. Casual shoes
	<input type="checkbox"/>	C. Sunglasses	<input type="checkbox"/>	D. Scarf
8.	What should be ensured before giving a lifting signal?			
	<input type="checkbox"/>	A. Everyone is clear of the load	<input type="checkbox"/>	B. Load is overloaded
	<input type="checkbox"/>	C. Equipment is uninspected	<input type="checkbox"/>	D. Communication is unclear
9.	If communication between operator and signaler is lost, the operator should:			
	<input type="checkbox"/>	A. Continue lifting	<input type="checkbox"/>	B. Increase speed
	<input type="checkbox"/>	C. Stop the operation	<input type="checkbox"/>	D. Ignore the issue
10.	Why is proper rigging important?			
	<input type="checkbox"/>	A. To save time	<input type="checkbox"/>	B. To increase load weight
	<input type="checkbox"/>	C. To ensure load stability and safety	<input type="checkbox"/>	D. To reduce manpower

### SSD/N0320 v 1.0: Safety, Legal and Regulatory Compliance for Lifting & Rigging Operations

#### Practical questions

Total Marks:50

The candidate is required to demonstrate understanding and application of safety, legal, and regulatory compliance during a simulated lifting operation.

- Identify required permits (e.g., PTW) for lifting activity
- Verify certification/inspection status of lifting equipment
- Identify applicable safety regulations and site requirements
- Conduct basic risk assessment for the task
- Ensure proper use of PPE as per compliance norms
- Check documentation (inspection records, permits, checklists)
- Demonstrate reporting procedure for unsafe conditions

#### B. Multiple choice questions

(50marks)

11	Which document authorizes a lifting operation to be carried out safely at site?			
	<input type="checkbox"/>	A. Salary slip	<input type="checkbox"/>	B. Permit to Work (PTW)
	<input type="checkbox"/>	C. Identity card	<input type="checkbox"/>	D. Invoice



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12	Legal compliance in lifting operations primarily ensures			
	<input type="checkbox"/>	A. Faster work completion	<input type="checkbox"/>	B. Cost reduction
	<input type="checkbox"/>	C. Safety and adherence to regulations	<input type="checkbox"/>	D. Less manpower
13	Who is responsible for ensuring compliance with safety regulations at the worksite			
	<input type="checkbox"/>	A. Only workers	<input type="checkbox"/>	B. Only supervisor
	<input type="checkbox"/>	C. Employer and all personnel involved	<input type="checkbox"/>	D. Visitors
14	Which of the following is a statutory requirement for lifting equipment?			
	<input type="checkbox"/>	A. Painting	<input type="checkbox"/>	B. Certification and periodic inspection
	<input type="checkbox"/>	C. Decoration	<input type="checkbox"/>	D. Branding
15	What is the purpose of a risk assessment?			
	<input type="checkbox"/>	A. To delay work	<input type="checkbox"/>	B. To identify hazards and control risks
	<input type="checkbox"/>	C. To increase workload	<input type="checkbox"/>	D. To reduce documentation
16	Which authority typically enforces workplace safety regulations in India?			
	<input type="checkbox"/>	A. Traffic police	<input type="checkbox"/>	B. Labor Department / Safety Authority
	<input type="checkbox"/>	C. Bank	<input type="checkbox"/>	D. School
17	What should be done if safety regulations are not being followed?			
	<input type="checkbox"/>	A. Ignore the situation	<input type="checkbox"/>	B. Continue work
	<input type="checkbox"/>	C. Report to supervisor	<input type="checkbox"/>	D. Leave the site immediately
18	Which of the following is part of compliance documentation?			
	<input type="checkbox"/>	A. Personal diary	<input type="checkbox"/>	B. Inspection records
	<input type="checkbox"/>	C. Shopping list	<input type="checkbox"/>	D. Attendance sheet only
19	PPE usage is:			
	<input type="checkbox"/>	A. Optional	<input type="checkbox"/>	B. Required only for supervisors
	<input type="checkbox"/>	C. Mandatory as per safety regulations	<input type="checkbox"/>	D. Not necessary
20	Non-compliance with safety regulations can lead to			
	<input type="checkbox"/>	A. Rewards	<input type="checkbox"/>	B. Promotions
	<input type="checkbox"/>	C. Accidents and legal penalties	<input type="checkbox"/>	D. Faster completion

### SSD/N0321 v 1.0: Load Planning, Stability Control & Process requirements

#### Practical questions

**Total Marks:50**

The candidate is required to demonstrate the ability to plan and execute a lifting operation considering load characteristics, stability factors, and process requirements.

- Interpret given load details (weight, shape, dimensions)
- Identify center of gravity (approximate if needed)
- Select appropriate lifting equipment and accessories



- Plan rigging method ensuring load balance
- Identify potential risks related to load stability
- Follow standard lifting procedure (as per method statement)
- Demonstrate safe lifting, holding, and lowering of load. Ensure proper coordination and communication

## B. Multiple choice questions

(5\*10=50 marks)

21.	What is the primary purpose of load planning?			
	<input type="checkbox"/>	A. To reduce manpower	<input type="checkbox"/>	B. To ensure safe and efficient lifting
	<input type="checkbox"/>	C. To increase load weight	<input type="checkbox"/>	D. To avoid documentation
22.	Center of Gravity (CoG) of a load affects:			
	<input type="checkbox"/>	A. Color of load	<input type="checkbox"/>	B. Stability during lifting
	<input type="checkbox"/>	C. Cost of lifting	<input type="checkbox"/>	D. Speed of crane
23.	An uneven load distribution can lead to:			
	<input type="checkbox"/>	A. Faster lifting	<input type="checkbox"/>	B. Load instability
	<input type="checkbox"/>	C. Better balance	<input type="checkbox"/>	D. Reduced risk
24.	Which factor is critical while selecting lifting equipment?			
	<input type="checkbox"/>	A. Shape of load	<input type="checkbox"/>	B. Weight of load
	<input type="checkbox"/>	C. Both a and b	<input type="checkbox"/>	D. Brand name
25.	Stability during lifting depends on:			
	<input type="checkbox"/>	A. Weather only	<input type="checkbox"/>	B. Load balance and rigging method
	<input type="checkbox"/>	C. Color coding	<input type="checkbox"/>	D. Operator mood
26.	What should be done before lifting an unknown load?			
	<input type="checkbox"/>	A. Lift immediately	<input type="checkbox"/>	B. Estimate or verify weight
	<input type="checkbox"/>	C. Ignore load details	<input type="checkbox"/>	D. Increase speed
27.	Which document helps in planning complex lifts?			
	<input type="checkbox"/>	A. Salary sheet	<input type="checkbox"/>	B. Lifting plan/method statement
	<input type="checkbox"/>	C. Attendance register	<input type="checkbox"/>	D. Invoice
28.	Overloading can result in:			
	<input type="checkbox"/>	A. Increased efficiency	<input type="checkbox"/>	B. Equipment failure
	<input type="checkbox"/>	C. Better stability	<input type="checkbox"/>	D. Faster completion
29.	What is the role of process requirements in lifting operations?			
	<input type="checkbox"/>	A. To delay work	<input type="checkbox"/>	B. To ensure standard procedures are followed
	<input type="checkbox"/>	C. To reduce safety	<input type="checkbox"/>	D. To avoid planning



	<input type="checkbox"/>		<input type="checkbox"/>	
30.	Dynamic forces during lifting are caused by?			
	<input type="checkbox"/>	A. Stationary load	<input type="checkbox"/>	B. Sudden movements or jerks
	<input type="checkbox"/>	C. Proper planning	<input type="checkbox"/>	D. Balanced load
<b>SSD/N0322 v 1.0: Hazard Identification, Risk Assessment, Safety of Plant &amp; Machinery in Lifting &amp; Rigging Operations</b>				
<b>Practical questions</b>			<b>Total Marks:50</b>	
The candidate is required to demonstrate the ability to identify hazards, assess risks, and ensure safe operation of plant and machinery during a lifting and rigging activity.				
<ul style="list-style-type: none"> <li>Identify at least 5 hazards in a simulated lifting work area</li> <li>Conduct a basic risk assessment (likelihood vs severity)</li> <li>Suggest appropriate control measures for identified hazards</li> <li>Inspect lifting equipment/machinery for visible defects</li> <li>Demonstrate safe operation practices for plant/machinery</li> <li>Use appropriate PPE during the task</li> <li>Report unsafe conditions and suggest corrective actions</li> </ul>				
<b>B. Multiple choice questions</b>			<b>(5*10=50 marks)</b>	
31.	Hazard identification refers to:			
	<input type="checkbox"/>	A. Ignoring risks	<input type="checkbox"/>	B. Recognizing potential sources of harm
	<input type="checkbox"/>	C. Completing work quickly	<input type="checkbox"/>	D. Avoiding documentation
32.	Risk assessment involves			
	<input type="checkbox"/>	A. Eliminating all work	<input type="checkbox"/>	B. Identifying hazards and evaluating risks
	<input type="checkbox"/>	C. Ignoring hazards	<input type="checkbox"/>	D. Increasing workload
33.	Which of the following is a common hazard in lifting operations?			
	<input type="checkbox"/>	A. Proper PPE usage	<input type="checkbox"/>	B. Equipment failure
	<input type="checkbox"/>	C. Clear communication	<input type="checkbox"/>	D. Adequate training
34.	A defective lifting machine should be:			
	<input type="checkbox"/>	A. Used carefully	<input type="checkbox"/>	B. Ignored
	<input type="checkbox"/>	C. Taken out of service	<input type="checkbox"/>	D. Used for lighter loads
35.	Which step comes first in risk assessment?			
	<input type="checkbox"/>	A. Control measures	<input type="checkbox"/>	B Hazard identification



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	<input type="checkbox"/>	C. Monitoring	<input type="checkbox"/>	D. Review
36.	Safe plant and machinery operation require:			
	<input type="checkbox"/>	A. No inspection	<input type="checkbox"/>	B. Regular inspection and maintenance
	<input type="checkbox"/>	C. Only operator experience	<input type="checkbox"/>	D. Ignoring manuals
37.	Which of the following is a control measure?			
	<input type="checkbox"/>	A. Ignoring hazards	<input type="checkbox"/>	B. Using PPE
	<input type="checkbox"/>	C. Overloading	<input type="checkbox"/>	D. Poor communication
38.	What is the purpose of equipment inspection?			
	<input type="checkbox"/>	A. Increase speed	<input type="checkbox"/>	B. Identify defects and ensure safety
	<input type="checkbox"/>	C. Delay work	<input type="checkbox"/>	D. Reduce manpower
39.	Risk level depends on:			
	<input type="checkbox"/>	A. Luck	<input type="checkbox"/>	B. Hazard severity and likelihood
	<input type="checkbox"/>	C. Weather only	<input type="checkbox"/>	D. Time of day
40.	Unsafe conditions should be:			
	<input type="checkbox"/>	A. Ignored	<input type="checkbox"/>	B. Reported immediately
	<input type="checkbox"/>	C. Hidden	<input type="checkbox"/>	D. Continued with

**SSD/N0323 v 1.0: Lifting and Rigging Operations with Safety**

**Practical questions**

**Total Marks:50**

The candidate is required to demonstrate the complete process of a lifting and rigging operation, ensuring proper technique, equipment use, and adherence to safety protocols.

1. Select appropriate lifting equipment and rigging accessories
2. Inspect equipment before use
3. Wear appropriate PPE
4. Identify hazards in the lifting area
5. Rig the load correctly ensuring balance and stability
6. Communicate effectively with signaler/operator
7. Execute safe lifting, movement, and lowering of load
8. Maintain safe distance and control load movement

**B. Multiple choice questions**

**(50 marks)**

41.	What is the primary objective of safe lifting and rigging operations?			
	<input type="checkbox"/>	A. Faster work completion	<input type="checkbox"/>	B. Ensuring safety of personnel and load
	<input type="checkbox"/>	C. Reducing manpower	<input type="checkbox"/>	D. Increasing load weight
42.	Which factor is most important while selecting rigging equipment?			
	<input type="checkbox"/>	A. Color	<input type="checkbox"/>	B. Cost



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	<input type="checkbox"/>		<input type="checkbox"/>	
	<input type="checkbox"/>	C. Load capacity and suitability	<input type="checkbox"/>	D. Br
43.	Improper rigging can lead to:			
	<input type="checkbox"/>	A. Increased efficiency	<input type="checkbox"/>	B. Load instability and accidents
	<input type="checkbox"/>	C. Better balance	<input type="checkbox"/>	D. Reduced risk
44.	Before lifting a load, the rigger should ensure:			
	<input type="checkbox"/>	A. Load is overloaded	<input type="checkbox"/>	B. Equipment is uninspected
	<input type="checkbox"/>	C. Area is clear of personnel	<input type="checkbox"/>	D. No communication
45.	What is the role of proper communication during lifting?			
	<input type="checkbox"/>	A. Increase confusion	<input type="checkbox"/>	B. Ensure coordination and safety
	<input type="checkbox"/>	C. Delay operations	<input type="checkbox"/>	D. Avoid responsibility
46.	Which of the following is a safe lifting practice?			
	<input type="checkbox"/>	A. Sudden jerks	<input type="checkbox"/>	B. Smooth and controlled lifting
	<input type="checkbox"/>	C. Overloading	<input type="checkbox"/>	D. Ignoring signals
47.	A load should be lifted:			
	<input type="checkbox"/>	A. With sudden movements	<input type="checkbox"/>	B. Slowly and steadily
	<input type="checkbox"/>	C. Without checking balance	<input type="checkbox"/>	D. Without communication
48.	What should be done if load starts swinging?			
	<input type="checkbox"/>	A. Increase speed	<input type="checkbox"/>	B. Ignore it
	<input type="checkbox"/>	C. Stop and control the load	<input type="checkbox"/>	D. Continue lifting
49.	Which of the following is a critical safety measure?			
	<input type="checkbox"/>	A. Ignoring PPE	<input type="checkbox"/>	B. Using damaged equipment
	<input type="checkbox"/>	C. Following standard procedures	<input type="checkbox"/>	D. Overloading
50.	Who ensures correct rigging and attachment of load?			
	<input type="checkbox"/>	A. Painter	<input type="checkbox"/>	B. Rigger
	<input type="checkbox"/>	C. Visitor	<input type="checkbox"/>	D. Driver

### SSD/N0324 v 1.0: Inspection, Maintenance, and Certification of Lifting Equipment's.

#### Practical questions

**Total Marks:50**

The candidate is required to demonstrate inspection of lifting equipment, identification of defects, and verification of certification and maintenance requirements

- Identify different types of lifting equipment and accessories
- Conduct visual inspection (slings, hooks, shackles, etc.)
- Identify at least 3 defects or unsafe conditions
- Check certification/inspection tags and records



- Explain basic maintenance practices (cleaning, lubrication, storage)
- Demonstrate tagging/removal of defective equipment
- Ensure use of PPE during inspection

**B. Multiple choice questions****(50 marks)**

51.	What is the purpose of inspecting lifting equipment?			
	<input type="checkbox"/>	A. To increase speed	<input type="checkbox"/>	B. To identify defects and ensure safety
	<input type="checkbox"/>	C. To delay work	<input type="checkbox"/>	D. To reduce manpower
52.	Lifting equipment should be inspected:			
	<input type="checkbox"/>	A. Only once	<input type="checkbox"/>	B. Before each use and periodically
	<input type="checkbox"/>	C. Only after failure	<input type="checkbox"/>	D. Never
53.	Which of the following indicates a defective sling?			
	<input type="checkbox"/>	A. Clean surface	<input type="checkbox"/>	B. No markings
	<input type="checkbox"/>	C. Fraying or cuts	<input type="checkbox"/>	D. Proper labeling
54.	Preventive maintenance helps to:			
	<input type="checkbox"/>	A. Increase breakdowns	<input type="checkbox"/>	B. Ensure equipment reliability and safety
	<input type="checkbox"/>	C. Avoid inspection	<input type="checkbox"/>	D. Reduce equipment life
55.	Certification of lifting equipment ensures:			
	<input type="checkbox"/>	A. Equipment color is correct	<input type="checkbox"/>	B. Equipment meets safety standards
	<input type="checkbox"/>	C. Equipment is new	<input type="checkbox"/>	D. Equipment is expensive
56.	Who is authorized to certify lifting equipment?			
	<input type="checkbox"/>	A. Any worker	<input type="checkbox"/>	B. Competent/authorized person
	<input type="checkbox"/>	C. Visitor	<input type="checkbox"/>	D. Operator only
57.	Inspection records are important because they:			
	<input type="checkbox"/>	A. Increase paperwork	<input type="checkbox"/>	B. Provide proof of compliance
	<input type="checkbox"/>	C. Are not useful	<input type="checkbox"/>	D. Replace maintenance
58.	If a defect is found during inspection, the equipment should be:			
	<input type="checkbox"/>	A. Used carefully	<input type="checkbox"/>	B. Ignored
	<input type="checkbox"/>	C. Tagged and removed from service	<input type="checkbox"/>	D. Used for light loads
59.	Which of the following is part of maintenance activity?			
	<input type="checkbox"/>	A. Ignoring wear	<input type="checkbox"/>	B. Lubrication and repair
	<input type="checkbox"/>	C. Overloading	<input type="checkbox"/>	D. Skipping checks



60.	Safe use of lifting equipment depends on:			
	<input type="checkbox"/>	A. Luck	<input type="checkbox"/>	B. Proper inspection, maintenance, and certification
	<input type="checkbox"/>	C. Speed	<input type="checkbox"/>	D. Cost

**SSD/N0325 v 1.0: Plan, Organize, Communication & Emergency Protocols in Lifting & Rigging.**

**Practical questions**

**Total Marks:50**

The candidate is required to demonstrate planning and organizing of a lifting activity, effective communication during execution, and appropriate response to a simulated emergency situation.

- Plan a basic lifting operation (identify task, equipment, and sequence)
- Assign roles and responsibilities (rigger, signaler, operator, etc.)
- Demonstrate effective communication using standard hand signals
- Ensure coordination among team members
- Identify potential emergency scenarios (e.g., load fall, equipment failure)
- Demonstrate appropriate emergency response actions
- Follow safety protocols and ensure PPE compliance

**B. Multiple choice questions**

**(50 marks)**

61.	What is the first step in planning a lifting operation?			
	<input type="checkbox"/>	A. Start lifting	<input type="checkbox"/>	B. Identify task requirements
	<input type="checkbox"/>	C. Ignore procedures	<input type="checkbox"/>	D. Skip communication
62.	Proper planning helps to:			
	<input type="checkbox"/>	A. Increase risk	<input type="checkbox"/>	B. Ensure safe and efficient operations
	<input type="checkbox"/>	C. Delay work	<input type="checkbox"/>	D. Avoid responsibility
63.	Organizing in lifting operations includes:			
	<input type="checkbox"/>	A. Ignoring roles	<input type="checkbox"/>	B. Assigning roles and responsibilities
	<input type="checkbox"/>	C. Working individually	<input type="checkbox"/>	D. Avoiding teamwork
64.	Effective communication during lifting operations is important to:			
	<input type="checkbox"/>	A. Increase confusion	<input type="checkbox"/>	B. Ensure coordination and safety
	<input type="checkbox"/>	C. Delay work	<input type="checkbox"/>	D. Avoid signals
65.	Who is responsible for giving signals during lifting operations?			
	<input type="checkbox"/>	A. Visitor	<input type="checkbox"/>	B. Signaler/Rigger
	<input type="checkbox"/>	C. Painter	<input type="checkbox"/>	D. Driver
66	What should be done if instructions are not clear?			



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	<input type="checkbox"/>	A. Continue work	<input type="checkbox"/>	B. Ignore instructions
	<input type="checkbox"/>	C. Seek clarification	<input type="checkbox"/>	D. Stop permanently
67.	An emergency situation during lifting operation requires:			
	<input type="checkbox"/>	A. Ignoring the situation	<input type="checkbox"/>	B. Immediate response and action
	<input type="checkbox"/>	C. Continuing work	<input type="checkbox"/>	D. Delaying action
68.	Emergency protocols are designed to:			
	<input type="checkbox"/>	A. Increase workload	<input type="checkbox"/>	B. Manage and control incidents
	<input type="checkbox"/>	C. Avoid planning	<input type="checkbox"/>	D. Reduce communication
69.	Which of the following is part of emergency preparedness?			
	<input type="checkbox"/>	A. No training	<input type="checkbox"/>	B. Emergency drills
	<input type="checkbox"/>	C. Ignoring hazards	<input type="checkbox"/>	D. Avoiding PPE
70.	Proper coordination between team members ensures:			
	<input type="checkbox"/>	A. Increased risk	<input type="checkbox"/>	B. Smooth and safe operation
	<input type="checkbox"/>	C. Confusion	<input type="checkbox"/>	D. Delay

**SSD/N0326 v 1.0: Health, Hygiene, Environmental, and Psychological Health Protocols (Lifting & Rigging)**

**Practical questions**

**Total Marks:50**

The candidate is required to demonstrate awareness and application of health, hygiene, environmental protection, and psychological well-being practices during a lifting and rigging work scenario

1. Identify health hazards (noise, dust, physical strain, etc.)
2. Demonstrate proper hygiene practices at workplace
3. Use appropriate PPE correctly
4. Identify environmental hazards (spills, waste, pollution risks)
5. Suggest and demonstrate proper waste management practices
6. Maintain good housekeeping in work area
7. Identify signs of fatigue or stress and suggest control measures
8. Follow safe work practices ensuring personal well-being

**B. Multiple choice questions**

**(50 marks)**

71	Workplace hygiene refers to:			
	<input type="checkbox"/>	A. Ignoring cleanliness	<input type="checkbox"/>	B. Maintaining cleanliness and sanitation at workplace
	<input type="checkbox"/>	C. Avoiding work	<input type="checkbox"/>	D. Increasing workload
72.	Which of the following is a common health hazard in lifting operations?			
	<input type="checkbox"/>	A. Clean environment	<input type="checkbox"/>	B. Noise and dust exposure
	<input type="checkbox"/>	C. Proper lighting	<input type="checkbox"/>	D. Safe equipment
73.	Use of PPE helps to:			



	<input type="checkbox"/>	A. Increase risk	<input type="checkbox"/>	B. Protect workers from hazards
	<input type="checkbox"/>	C. Delay work	<input type="checkbox"/>	D. Reduce efficiency
74.	Environmental protection at worksite includes:			
	<input type="checkbox"/>	A. Waste disposal anywhere	<input type="checkbox"/>	B. Proper waste management
	<input type="checkbox"/>	C. Ignoring spills	<input type="checkbox"/>	D. Increasing pollution
75.	Fatigue at workplace can lead to:			
	<input type="checkbox"/>	A. Better performance	<input type="checkbox"/>	B. Increased risk of accidents
	<input type="checkbox"/>	C. Faster work	<input type="checkbox"/>	D. No impact
76	Psychological health includes:			
	<input type="checkbox"/>	A. Physical strength only	<input type="checkbox"/>	B. Mental well-being and stress management
	<input type="checkbox"/>	C. Equipment handling	<input type="checkbox"/>	D. Load lifting
77.	What is the best way to manage stress during work?			
	<input type="checkbox"/>	A. Ignore it	<input type="checkbox"/>	B. Proper rest and communication
	<input type="checkbox"/>	C. Increase workload	<input type="checkbox"/>	D. Avoid breaks
78.	Good housekeeping helps to:			
	<input type="checkbox"/>	A. Increase hazards	<input type="checkbox"/>	B. Reduce accidents
	<input type="checkbox"/>	C. Delay work	<input type="checkbox"/>	D. Avoid cleaning
79.	Environmental hazards in lifting operations may include:			
	<input type="checkbox"/>	A. Clean air	<input type="checkbox"/>	B. Oil spills and waste
	<input type="checkbox"/>	C. Proper disposal	<input type="checkbox"/>	D. Safety training
80.	Which of the following promotes a safe work environment?			
	<input type="checkbox"/>	A. Ignoring safety rules	<input type="checkbox"/>	B. Maintaining hygiene and awareness
	<input type="checkbox"/>	C. Overloading	<input type="checkbox"/>	D. Poor communication

**DGT/VSQ/N0102: Employability Skills**

**Practical questions**

**Total Marks:30**

You are required to demonstrate key employability skills in a workplace scenario

1. Demonstrate effective verbal and non-verbal communication in a team discussion. (10 Marks)
2. Prepare a simple resume highlighting your skills and experience. (10 Marks)
3. Solve a workplace problem using logical thinking and decision-making. (10 Marks)

**B. Multiple choice questions**

**(20 marks)**

81.	What is effective communication?			
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	<input type="checkbox"/>	A. Speaking loudly	<input type="checkbox"/>	B. Clear and understandable exchange of information
	<input type="checkbox"/>	C. Using technical words only	<input type="checkbox"/>	D. Talking continuously
82.	Which of the following is a non-verbal communication method?			
	<input type="checkbox"/>	A. Email	<input type="checkbox"/>	B. Phone call
	<input type="checkbox"/>	C. Body language	<input type="checkbox"/>	D. Written report
83.	What is the purpose of a resume			
	<input type="checkbox"/>	A. To describe company policies	<input type="checkbox"/>	B To showcase skills and qualifications
	<input type="checkbox"/>	C. To record attendance	<input type="checkbox"/>	D. To manage salary
84.	Teamwork means:			
	<input type="checkbox"/>	A. Working alone	<input type="checkbox"/>	B. Competing with others
	<input type="checkbox"/>	C. Working together to achieve a common goal	<input type="checkbox"/>	D. Avoiding responsibility
85.	Which skill helps in solving workplace problems?			
	<input type="checkbox"/>	A. Ignoring issues	<input type="checkbox"/>	B. Logical thinking
	<input type="checkbox"/>	C. Delaying decisions	<input type="checkbox"/>	D. Avoiding discussion

## Assessment Evidence Form

**Trainee name:**

**Trainee roll number:**

**Centre name/ Code Date**

This is to confirm that the trainee has handed over the final job to the assessor. (For each task separate sheet can be used).

Trainee's signature:

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Trainee's name (please print):

---

Assessor's signature:

---



Assessor's name (please print):

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Assessor to affix photographs of the practical output (end product)

Centre Head's seal and signature:

---



## Assessment summary

### Assessor's comments

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.....

This is to confirm that the trainee has undertaken the assessment for the job role of Lifting and Rigging Supervisor (Safety)

Trainee's signature:

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Trainee's name (please print):

---

Assessor's signature:

---

Assessor's name (please print):

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Centre Head's seal and signature:

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Trainee's photo ID (other than the Institute ID):

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Assessment completion date:

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## Assessment Summary Sheet

SAFETY SKILL DEVELOPMENT FOUNDATION													
ASSESSMENT SUMMARY SHEET													
Qualification Pack – Lifting and Rigging Supervisor (Safety)													
Training Provider: Affiliation No.					Batch ID:				Training Centre Name & Address:				
Candidate Detail:					Roll No.:				Roll No.:				
					Name:				Name:				
Assessment Summary:													
NOS No.	Weightage of the NOS	Allotted (Marks)			Marks Obtained				Marks Obtained				
		Skill (Practical)	Knowledge		Skill (Practical)	Knowledge			Skill (Practical)	Knowledge			
			Theory	Project		Theory	Project	% per Nos		Theory	Project	% per Nos	
SSD/VSQ/N0319	11%	50	50	0									
SSD/VSQ/N0320	17%	50	50	0									
SSD/VSQ/N0321	17%	50	50	0									
SSD/VSQ/N0322	11%	50	50	0									
SSD/VSQ/N0323	11%	50	50	0									
SSD/VSQ/N0324	6%	50	50	0									
SSD/VSQ/N0325	11%	50	50	0									
SSD/VSQ/N0326	6%	50	50	0									
DGT/VSQ/N0102 (60 Hours)	10%	30	20	0									
<b>Total Marks</b>	<b>100</b>	<b>430</b>	<b>420</b>	<b>0</b>									
		<b>850</b>											
<b>Minimum pass % to qualify</b>	<b>50%</b>	50% in each NOS and 50% overall			Pass/Fail								
<b>Assessors Name:</b>								<b>Signature:</b>					
<b>Assessing Body Representative Name:</b>								<b>Signature:</b>					
<b>Assessment Agency:</b>								<b>Signature:</b>					